

# WHY PROFESSIONALS RECOMMEND PRN

## PURITY

PRN products are alcohol-free, and manufactured in a cGMP (Current Good Manufacturing Practices) and NSF (National Safety Federation) certified fish oil facility and are third-party tested to ensure they are free of heavy metals, dioxins, and PCBs.

## CONCENTRATION

The Food and Drug Administration, the American Heart Association, and the American Cardiology Association recommend 2-3 grams of Omega-3s daily (specifically EPA and DHA) for patients with elevated triglycerides and other conditions involving chronic systemic inflammation. PRN's EPA & DHA are in a "re-esterified triglyceride" form delivering 100% of the maximum bioavailability and thus providing daily therapeutic values in 4 capsules.

## ABSORPTION

Our bodies are able to process 25% more Omega-3s in TG form than a typical serving of fish and up to 2-3 times more than Omega-3s in ethyl ester form. What that means is we can achieve the recommended amount of EPA & DHA by taking fewer capsules compared with the other Omega-3 products available over-the-counter.

## SAVINGS

The goal is to take a daily therapeutic value of this Essential Fatty Acid in the form of EPA & DHA. With that as the goal, PRN Omega-3 products are at least \$6 less per month compared with a similar triglyceride Omega-3 and \$9 less per month than the best over-the-counter brands.